“Composition is a discipline; it forces us to think. If you want to ‘get in touch with your feelings,’ fine — talk to yourself; we all do. But, if you want to communicate with another thinking human being, get in touch with your thoughts. Put them in order; give them a purpose; use them to persuade, to instruct, to discover, to seduce. The secret way to do this is to write it down and then cut out the confusing parts.”

– William Safire